

MEN'S

TOUCH • TAG • TRAINING SHORTS

SIZE	WAIST	LENGTH	WAIST [stretched]	WAIST [relaxed]
XS	75 - 80 cm	38 cm	102 cm	67 cm
S	80 - 85 cm	39 cm	107 cm	70 cm
M	85 - 90 cm	41 cm	112 cm	72 cm
L	90 - 95 cm	43 cm	116 cm	75 cm
XL	95 - 100 cm	45 cm	121 cm	77 cm
2XL	100 - 105 cm	47 cm	125 cm	79 cm
3XL	105 - 110 cm	48 cm	130 cm	83 cm
4XL	110 - 115 cm	49 cm	135 cm	87 cm
5XL	115 - 120 cm	51 cm	140 cm	89 cm
6XL	120 - 125 cm	53 cm	145 cm	91 cm
7XL	125 - 130 cm	54 cm	150 cm	93 cm

WOMEN'S

SIZE	WAIST	LENGTH	WAIST [stretched]	WAIST [relaxed]
6	75 - 80 cm	34 cm	89 cm	65 cm
8	80 - 85 cm	35 cm	93.5 cm	67 cm
10	85 - 90 cm	36.5 cm	98 cm	70 cm
12	90 - 95 cm	37.5 cm	103 cm	72 cm
14	95 - 100 cm	38.5 cm	107 cm	77 cm
16	100 - 105 cm	40 cm	113 cm	83 cm
18	105 - 110 cm	41 cm	117 cm	88 cm
20	110 - 115 cm	42.5 cm	123 cm	94 cm
22	115 - 120 cm	43.5 cm	129 cm	98 cm

KIDS

SIZE	WAIST	LENGTH	WAIST [stretched]	WAIST [relaxed]
4	57 - 59 cm	28.5 cm	78 cm	51 cm
6	59 - 61 cm	30.5 cm	82 cm	55 cm
8	61 - 63 cm	32.5 cm	87 cm	59 cm
10	63 - 65 cm	34 cm	91 cm	61 cm
12	65 - 67 cm	36 cm	94 cm	63 cm
14	67 - 69 cm	37 cm	98 cm	65 cm

